



# YOUTH MERIT

# Workbook 2

Designed Especially for Children 7 and Over

Welcome to the Washington State Youth Merit Program! We hope that you will have an enjoyable journey on your trail of learning, earning, and serving. Those enrolled in the program progress at their own pace. The program provides opportunities to develop leadership and public speaking skills as well as skills inside and outside of the equestrian arena. The purpose of the WSH Youth Merit Program is to:

- Offer a program that will satisfy the needs of the current WSH Junior Members and attract new ones to WSH. Our youth are the future of our organization!
- Provide an opportunity for Junior WSH Members to advance and broaden their knowledge of horses.
- Encourage youth to expand their horizons and participate in new activities, both with and without horses.
- Stimulate youth not only to develop new skills, but also to increase their proficiency at those they already possess.
- Recognize activities of youth in their club, school, and community, as well as reward contributions which benefit such organizations.
- Reward, in a tangible fashion, those youth who attain their required level of accomplishment.

### **FREQUENTLY ASKED QUESTIONS:**

**How old must one be to participate?** To enroll in the program, youth must be 17 years of age or under as of August 1. There is no minimum age requirement at this time.

**How do I register?** An application form is included in the workbook. Complete the form and return it to either the East Side or West Side Youth Merit Chair (depending upon which side of the mountains you live on). Your registration form must be mailed prior to beginning the program and credit will not be given for tasks accomplished prior to enrolling. Youth must enroll / re-register each year to continue in the program and have their WSH membership paid prior to March 15 to continue earning points.

**Is there a cost to register?** The program is free to all current Washington State Horsemen youth members.

**When can I register?** Although the "season" begins August 1, youth may register any time during the year after paying their Washington State Horsemen membership dues.

**Who can sign my workbook for the tasks I complete?** Adults (preferably not a parent of the youth) are to sign the workbooks verifying that the tasks have been performed satisfactorily. Along with the signature, a date of completion should be included. The adult should include his/her title (show official, club officer, or relationship).

**When is my workbook due?** Workbooks are due to Zone Youth Merit Advisors (if one has been appointed for your Zone) on or before August 1. If your Zone does not have a Youth Merit Advisor, the workbook must be returned to the East Side or West Side Youth Merit Chair depending upon the side of the State in which you reside. When mailing your workbook to either the East Side or West Side Chair, you must submit the ORIGINAL workbook and only the pages on which tasks were done during the current year. It is highly recommended that you copy the pages you are sending and maintain them until your original is returned to you at the Annual Convention in case the packet is misplaced in the mail. It is further suggested that these be sent Return Receipt Requested to verify arrival. Remember to send in accompanying paperwork for tasks that say "List", "Describe", "Write", "Explain", or "Draw".

**What type of awards can be received?** Plaques, medallions, t-shirts, jackets, belt buckles, and cash awards are awarded each year to Youth Merit Members. These awards are presented at the Annual WSH Convention. At this age level, many children will likely receive the Participation Award (50 points), Yellow Tag / Certificate of Merit (100 points), Red Tag / Certificate of Excellence (200 points), T-Shirt and Blue Tag / Honor of Excellence (300 points), and Bronze Medallion (500 points). Although there are additional awards, the highest level a child working solely in Workbook 2 may obtain during their first year would be the Bronze Medallion. Youth unable to attend Convention should designate a representative to obtain the awards on their behalf. Awards will not be mailed to prevent loss.

**Do I start over each year on my points?** The awards listed previously are given each year to enrolled members based upon their cumulative totals. The points are carried forward into the next year without interruption.

**May I repeat tasks each year?** Most of the tasks, especially in the later workbooks, are to be answered one-time. Once a Youth Merit Member receives credit for these tasks, they cannot be repeated. Only tasks marked an asterisk (\*) may be repeated annually.

**How are the tasks separated / numbered?** Youth Merit leaders have attempted to separate the tasks into general fields of study. The first number listed in the task is the general field of study (listed below). If the task has just a general field of study number and then one additional number (i.e. 14.10), the additional number simply represents the order in which the tasks were first outlined many years ago in the Task Book. If the task has a general field of study number then two additional numbers (i.e. 7.04.15), the second number is the year in which the task was added to the Youth Merit Program (i.e. 04) and the third number represents the order in which the tasks were first outlined (i.e. 15). Please pay close attention to the task numbers listed as they may have been revised recently.

- 1 - Safety / General Knowledge
- 2 - History / Miscellaneous
- 3 - Health / First Aid
- 4 - Nutrition and Feed
- 5 - Breeds
- 6 - WSH Major Division: Trails and Pleasure (and Packing)
- 7 - Tack and Saddlery
- 8 - Lessons / Clinics (Participation In)
- 9 - WSH Major Division: Western Games
- 10 - WSH Major Division: Horse Show
- 11 - WSH Major Division: Working Horse
- 12 - Zones and Clubs
- 13 - WSH Board of Directors / WSH Convention and Meetings
- 14 - Community
- 15 - School
- 16 - Youth Merit Program
- 17 - Especially for Those 10 and Under
- 18 - Equine Disciplines Found Outside of WSH

**Are there additional special awards?** Youth Merit has five perpetual trophies given out each year at the Annual WSH Convention. Children may compete for the High Point 10 and Under, High Point 11 to 13 Years of Age, High Point 14 to 17 Years of Age, the Chet Kelley Memorial Award for the most community service points (Sections 14 and 15), or the Del Haack Junior Achievement Award for the most overall points. Points for these awards are based upon NEW points earned each year rather than cumulative points earned over the duration of their membership in the program.

# THIS BOOK BELONGS TO:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY / STATE / ZIP CODE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ WSH #: \_\_\_\_\_ ZONE: \_\_\_\_\_

YOUR SIGNATURE: \_\_\_\_\_

PARENT'S SIGNATURE: \_\_\_\_\_



# GETTING TO KNOW W.S.H.

We belong to a great and wonderful organization called the Washington State Horsemen. How much do you know about the BIG "club" you belong to?

Name the current WSH President (Task 13.7\* / 1 point).

Name the current WSH Vice President (Task 13.8\* / 1 point).

Name the other WSH Secretary / Treasurer / Past President (Task 13.9\* / 1 point each).

List the nine WSH Zones (Task 13.10\* / 2 points total).

C \_\_\_\_\_  
C \_\_\_\_\_  
N \_\_\_\_\_  
N \_\_\_\_\_  
N \_\_\_\_\_

O \_\_\_\_\_  
P \_\_\_\_\_  
P \_\_\_\_\_  
Z \_\_\_\_\_

Name the Zone Directors (13.11a\* / 2 points).

Position #1 \_\_\_\_\_  
Position #2 \_\_\_\_\_  
Position #3 \_\_\_\_\_  
Position #4 \_\_\_\_\_  
Position #5 \_\_\_\_\_

Position #6 \_\_\_\_\_  
Position #7 \_\_\_\_\_  
Position #8 \_\_\_\_\_  
Position #9 \_\_\_\_\_

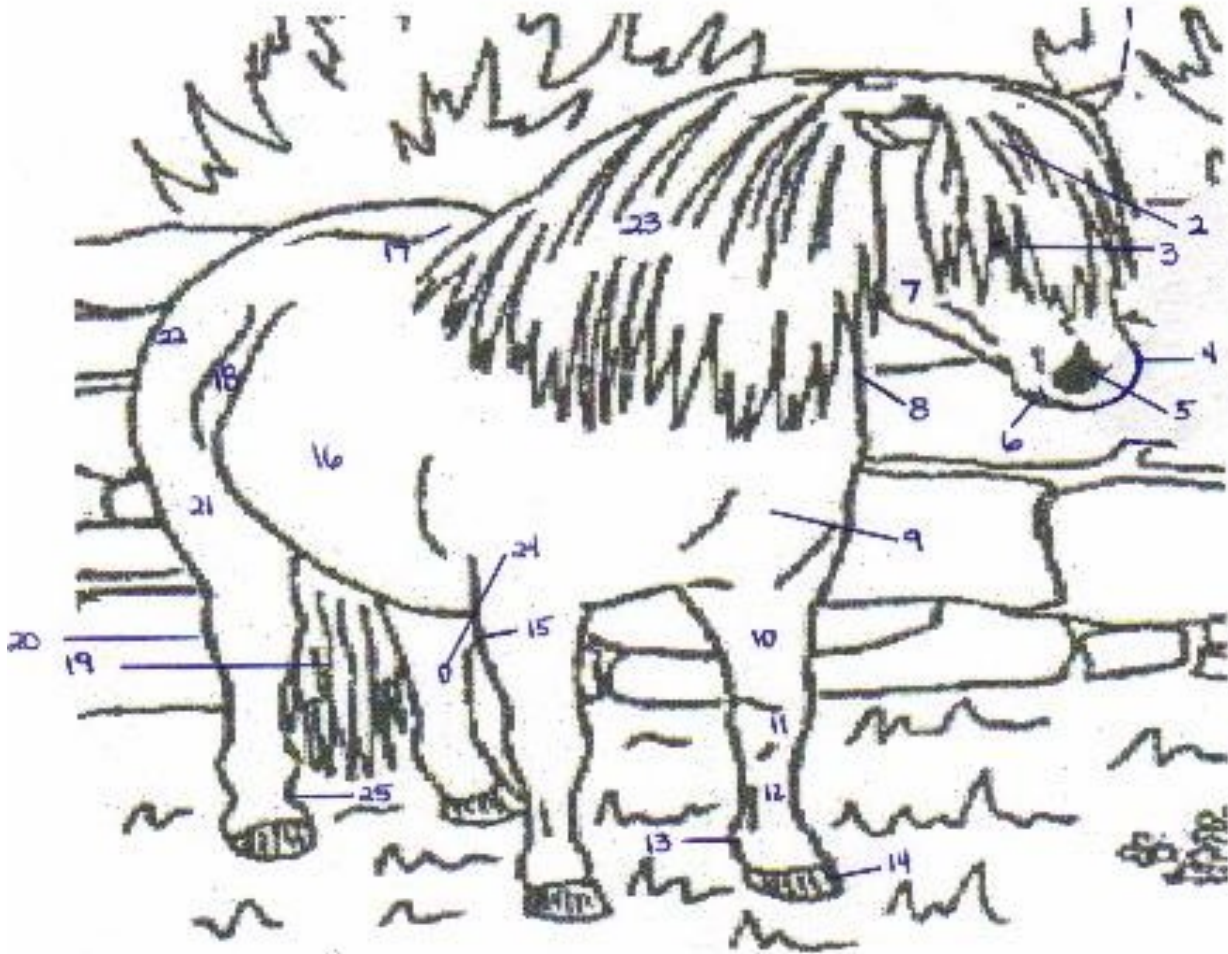
State the duties of a Zone Director (13.11b\* / 2 points).

Describe how a resolution gets to the WSH Board of Directors (Task 13.12\* / 2 points).

Name your Zone's President, Vice President, Secretary, and Treasurer (13.9a\* / 1 point each).

# FAT LITTLE PONY

Label all of the parts on the "Fat Little Pony" drawing below. This task (3.55b) is worth one point for every five parts you have correctly identified.



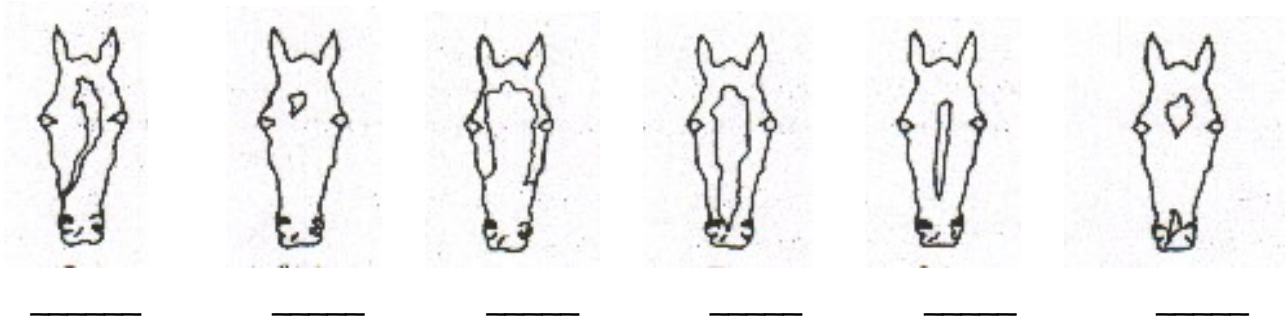
- |          |           |           |
|----------|-----------|-----------|
| 1. _____ | 10. _____ | 18. _____ |
| 2. _____ | 11. _____ | 19. _____ |
| 3. _____ | 12. _____ | 20. _____ |
| 4. _____ | 13. _____ | 21. _____ |
| 5. _____ | 14. _____ | 22. _____ |
| 6. _____ | 15. _____ | 23. _____ |
| 7. _____ | 16. _____ | 24. _____ |
| 8. _____ | 17. _____ | 25. _____ |
| 9. _____ |           |           |

# HORSE COLORS / MARKINGS

Name and describe 5 different color classifications of horses (Task 2.5). For example, sorrel. For each five you list, you will receive 2 points.

Define facial markings (Task 2.6 / 2 points total) by putting the correct letter below the correct face.

- |           |                  |
|-----------|------------------|
| A. Spot   | D. Race          |
| B. Stripe | E. Star and Snip |
| C. Blaze  | F. Bald          |

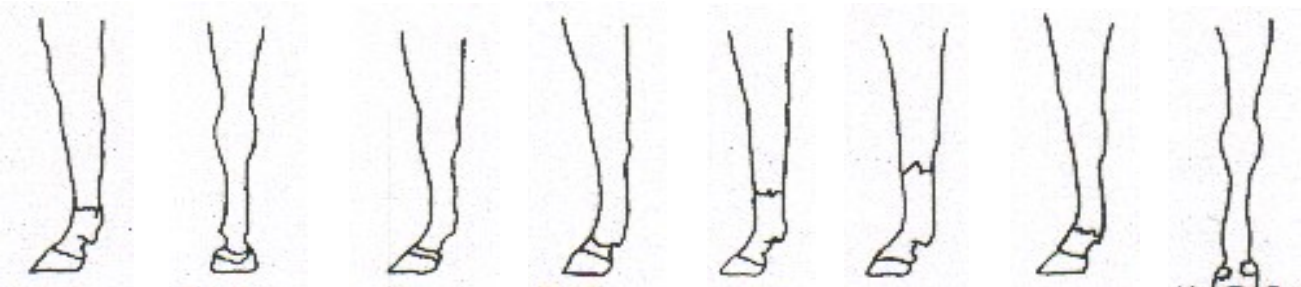


\_\_\_\_\_

What are horse points (Task 2.43 / 1 point):

Define leg markings (Task 2.03.03 / 3 points total) by putting the correct letter below the correct diagram.

- |                 |                          |
|-----------------|--------------------------|
| A. Coronet      | E. Half Stocking         |
| B. Half Pastern | F. Stocking              |
| C. Pastern      | G. Inside / Outside Heel |
| D. Ankle        | H. Both Heels            |



\_\_\_\_\_

# GAMES DIVISION

The Games Division is just one of the Divisions within the Washington State Horsemen. Here are some Division-specific tasks for you to complete.

- 9.31 In barrels, how many left-hand turns are made in the barrel pattern (1 point)?
- 9.32 How large a hide is used in the Cowhide Race (1 point)?
- 9.36 What event **MUST** have a white start/finish line used (1 point)?
- 9.37 At what age can a youth ride a stallion at a WSH Approved Western Games Show (1 point)?
- 9.38 At what age is a youth allowed to pull the hide in the Cowhide Race (1 point)?
- 9.59a How many seconds does a rider (other than in cowhide) have to start onto a course after being given the green flag by the judge (1 point)?
- 9.59b\* Where is the Washington State Championship Show being held this year (1 point)?
- 9.30 On a separate piece of paper, draw a diagram of a Games Division event (i.e. keyhole) giving course dimensions. Maximum of ten - 1 point each.





You are doing so well! Here are some more tasks to research and complete. For those items with a "\$" sign, please include the actual list / description / etc. with your workbook when turning it in.

1.1* / \$	Post near the telephone a list of emergency numbers for your family and emergency numbers for your horse.	2 points / year
1.3* / \$	Make a safety checklist for horse trailer or van.	2 points / year
1.13	Explain what a red ribbon in the tail means.	1 point
1.14	Explain what a red ribbon in the forelock means.	1 point
1.15	List 3 reasons to wear a helmet.  1.  2.  3.	2 points
1.19	What should you always do before mounting?	1 point
1.03.01	Define the following:  1. Filly -  2. Foal -  3. Mare -  4. Colt -  5. Gelding -  6. Stallion -  7. Sire -  8. Dam -  9. Weanling -  10. Yearling -	3 points
1.03.02	Define the following:  1. Equitation -  2. Conformation -	2 points
1.03.03	Define the term "Near Side".	1 point
1.03.04	Define the term "Off Side".	1 point

The following tasks begin with the sounds horses make and end with basic equine knowledge such as bathing and grooming a horse. For full credit, you will need to be very complete on your answers.

2.04.01	Describe a "snort" and what does it usually mean?	2 points
2.04.02	Describe a "blow" and what does it usually mean?	2 points
2.04.03	Describe a "nicker" and what does it usually mean?	2 points
2.04.04	Describe a "neigh" or "whinny" and what does it usually mean?	2 points
2.04.05	Describe a "squeal" and what does it usually mean?	2 points
2.04.06	Describe a "scream" and what does it usually mean?	2 points
2.7	How old does a horse and rider have to be to be eligible for the Olympics?	1 point each
2.11	Describe the unit of measurement for a horse.	1 point
2.21	Describe how to measure a horse for a blanket.	3 points
2.22	Describe how to put a blanket on a horse.	2 points
2.24	Describe how to bathe a horse.	3 points
2.44	What was the Pony Express?	1 point
2.47	Name 3 different brushes used for grooming. 1. 2. 3.	1 point
3.1	List basic contents of an equine first aid kit.	4 points

3.04.10	Can the West Nile Virus cause severe illness or death in a horse?	1 point
3.04.13	Can humans be infected with the West Nile Virus by caring for an infected horse?	1 point
3.04.14	Can a horse infected with West Nile infect horses nearby?	1 point
3.04.19	What is the proper way to water a horse after a hard, sweaty workout?	2 points
3.04.20	What is the best way to water a horse and why?	2 points
3.04.21	What determines the speed of a horse?	1 point
3.04.22	In degrees, how large is the typical field of vision for each eye?	1 point
3.04.23	What term is used to describe a horse with low, thick-rounded withers?	1 point
3.04.24	How many different species of strongylidae can infect a horse?	1 point
3.04.25	Name the two involuntary muscle groups.	1 point
3.04.26	What is the current average lifespan of a horse?	1 point
3.04.28	Compute a 20-year-old horse's age into "human years".	1 point
3.48	What is another name for the skin condition horses get from being out in the rain without protection?	1 point
3.49	How long is the gestation period of a pregnant mare?	1 point
5.04.01	What is an Appendix Horse?	1 point
7.04.01	List three types of Western stirrups.	1 point
7.04.02	List three types of English stirrups.	1 point
7.04.013	List three types of spurs.	1 point
18.04.01	In Professional Rodeo, "riding" events are made up of what three events?	1 point
18.04.04	In Professional Rodeo, "timed" events are made up of what five events?	1 point
18.04.03	What is the PRCA's championship rodeo called, where is it held, and in what month?	1 point



**THIS PAGE IS SPECIFICALLY FOR CHILDREN 10 YEARS OF AGE AND UNDER.**

17.1	What nice person's title starts with a "J"?	2 points
17.2	What do horse show judges do?	2 points
17.3	What do games judges do?	2 points
17.4	Where do judges learn?	2 points
17.5	How does a judge keep their judge's card?	2 points
17.6	What division begins with the letter "G"?	2 points
17.7	Who is the Director?	2 points
17.8	Can you name some of the games people like to ride in?	2 points
17.9	What division begins with the letter "T"?	2 points
17.10	What award is given on the State level for hours ridden?	2 points
17.11	If you ride one hour, approximately how many miles is it?	2 points
17.12	What is the yearly rate to pay for participation in the "T" Division?	2 points
17.13	What is the "show season" for the "T" Division?	2 points
17.14	What kind of horse starts with the letter "D"?	2 points
17.15	Is it a small or large horse?	2 points
17.16	What are they used for?	2 points
17.17 / \$	Draw a picture of your favorite draft horse.	2 points
5.6	Name 5 Pony breeds.  1. <span style="float: right;">4.</span> 2. <span style="float: right;">5.</span> 3.	3 points
6.33	How much distance between horses is considered to be a safe distance when trail riding?	1 point







# GOT AN IDEA ?



The Youth Merit Program continues to increase its task questions through new questions submitted by youth just like you. If you have not seen a question in the workbook that you think would be a great question next year, please list it below. You will also have to have the answer and where you found the question and answer. Each idea is worth one point (Task 16.2) and you can list up to ten new questions each year.

<b>QUESTION:</b>
<b>ANSWER:</b>
<b>SOURCE:</b>

<b>QUESTION:</b>
<b>ANSWER:</b>
<b>SOURCE:</b>

<b>QUESTION:</b>
<b>ANSWER:</b>
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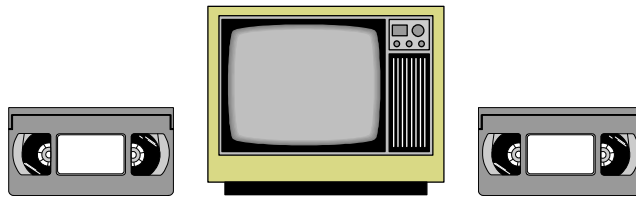
<b>QUESTION:</b>
<b>ANSWER:</b>
<b>SOURCE:</b>

<b>QUESTION:</b>
<b>ANSWER:</b>
<b>SOURCE:</b>

**If you are submitting the full ten, please write the last two on a separate piece of paper and submit with your workbook. Thank you...great job!**







NUMBER	TASK DESCRIPTION	POINTS
2.4*	Watch a horse-related film of your choice. Limit of 5 tapes / DVDs a year.	3 points each
2.28	Watch a video about the horse in the history of civilization.	3 points
3.4	Watch the birth of a foal on film, TV, or video.	2 points

DATE	NAME OF VIDEO	AUTHORIZED SIGNATURE	POINTS



NUMBER	TASK DESCRIPTION	POINTS
3.5*	Help take care of a friend's barn or animals for at least two days. Maximum of 6 times per year.	2 points each

DATE	NAME OF BARN / RANCH / ANIMAL(S)	AUTHORIZED SIGNATURE	POINTS



NUMBER	TASK DESCRIPTION	POINTS
16.1*	Promote the Youth Merit Program to a friend. For each one who enrolls in the program, you receive 2 points.	2 points

DATE	FRIEND'S NAME	AUTHORIZED SIGNATURE	POINTS







## SCHOOL

Below is a list of different tasks that you may do sometime this year through your school. School is very important as we learn about reading, writing, and arithmetic. In your next workbook, you'll be doing one task that will involve these skills.

NUMBER	TASK DESCRIPTION	POINTS
14.13*	Attend a youth substance abuse meeting at school.	3 points
15.1*	Attend a local school board meeting.	2 points / mtg
15.2*	Attend a local PTA board meeting	2 points / mtg
15.3*	Assist in a school fundraising project (maximum of 6 per year).	3 points each
15.6*	Participate in an afterschool activity such as sports or clubs (maximum of 10 per year).	5 points each
15.7*	Participate in a school show, i.e. talent show, science fair, etc. (maximum of 10 per year).	3 points each

DATE	TASK # / DESCRIPTION	AUTHORIZED SIGNATURE	POINTS

## OTHER TASKS

NUMBER	TASK DESCRIPTION	POINTS
9.23	Watch equestrian portion of Olympics or other prominent horse event on TV or video.	3 points

DATE	NAME OF EVENT	AUTHORIZED SIGNATURE	POINTS

NUMBER	TASK DESCRIPTION	POINTS
9.59	Create a poster (at least 16" x 20") to promote WSH and display at a WSH-Approved event.	3 points

DATE	TITLE OF POSTER	AUTHORIZED SIGNATURE	POINTS



# COMMUNITY PARTICIPATION

We are part of a great community. To show that we care, we want to help out whenever possible. Below is a list of things that you can do to help others in your community. Doesn't it make you feel good all over when you help someone else?

NUMBER	TASK DESCRIPTION	POINTS
14.1*	Work on a community fundraising project (maximum of 12 per year).	3 points
14.2*	Help with (or donate to) the Food Bank in your community (maximum of 6 per year).	3 points
14.3*	Help with a local senior citizen's program (maximum of 12 per year).	3 points
14.4*	Give service at a local nursing home (maximum of 12 per year).	3 points
14.8*	Donate items to a second hand store such as Goodwill (maximum of 12 per year).	3 points
14.9*	Volunteer time for a community clean-up project (maximum of 12 per year).	3 points
14.11*	Support your local (and/or State) Fair and enter a project (maximum of 10 projects per year).	3 pts / project
14.15*	Join 4H, FFA, Pony Club, etc.	3 points each
14.16*	Give a public demonstration at a club level, fair, school, etc. in which you are not being compensated for or being given a grade for.	3 points each
14.17*	Give a public speech at a club level, fair, school, etc. in which you are not being compensated for or being given a grade for.	3 points each
14.18*	Participate in Knowledge Bowl, Groom Squad, or Hippology Contest at the Fair.	2 points each

DATE	TASK # / DESCRIPTION	AUTHORIZED SIGNATURE	POINTS



## CHURCH



Church is a big part of many communities. You can earn one point (Task 14.10\*) for each time that you attend church this year (maximum of 12 times). Please list the dates below and have a member of your clergy sign off the task.

DATE	AUTHORIZED SIGNATURE	DATE	AUTHORIZED SIGNATURE

TOTAL POINTS FOR 14.10: \_\_\_\_\_

